



**WALK THE
OUTDOORS**

VICTOR HARBOR 2021

WALK THE OUTDOORS

Frequently Asked Questions

HAS THE EVENT BEEN RESCHEDULED?

Unfortunately, due to the latest COVID outbreak in South Australia, we have made the decision to postpone Walk The Outdoors Victor Harbor 2020, which was scheduled for Sunday 29 November 2020.

We have been working closely with the City of Victor Harbor and Parks SA to secure a suitable revised date. While we want to get out there as soon as we can, in order to have safe access to the National Park we need to minimise the risk of the event being cancelled due to high fire danger, so the event will now take place on Sunday 18 April 2021.

We would love you to join us in April, and your ticket will automatically transfer to that event. If you would prefer to receive a refund, please e-mail info@eventmanagersaustralia.com.au with your order number found on your ticket order summary and we will arrange this for you. Please note the eventbrite booking fee is not refundable.

We apologise for any inconvenience this may cause.

Please stay safe and we hope to see you in April 2021.

WHY SHOULD I WALK?

Because we can explore more of your backyard and walk the stunning Fleurieu Peninsula coastline from Waitpinga to Victor Harbor with family and friends. Join an organised walk to give you that motivation to turn up, have a goal and see what SA has to offer.

WHAT DOES MY ENTRY FEE COVER?

Your entry fees go towards the event management costs which include first aid support, event permits, water, event bibs, cleaning of and additional toilets, directional signage, risk planning and volunteer care to name a few. The main purpose of the walk is for you to walk the stunning coastline and see what Victor Harbor has on offer.

HOW DO I REGISTER FOR WALK THE OUTDOORS?

Registration is simple. Click on this link <https://www.eventbrite.com.au/e/walk-the-outdoors-victor-harbor-2020-tickets-126017759511> and follow the prompts to secure your registration.

There are two distances to choose from: 21.1km and 9km

CAN WE TAKE PART AS A TEAM?

Absolutely! Registering as a team is a popular option for many people.

To register a team, click on this link <https://www.eventbrite.com.au/e/walk-the-outdoors-victor-harbor-2020-tickets-126017759511>

You can have a team of up to four people for both distances, and the registration fee is \$100 for 21.1km (a saving of \$20) and \$60 for 9km (a saving of \$20). You will need to register your whole team in one transaction and include the name, mobile number, email and postal address and emergency contact details for each member.





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IS THERE AN AGE LIMIT ON ENTRY TO WALK THE OUTDOORS?

Walk The Outdoors is open to all ages, however children under 18 must be accompanied by an adult at all times. We ask that you carefully consider whether the children can walk the required distance.

AM I FIT ENOUGH TO TAKE PART IN WALK THE OUTDOORS?

Walk The Outdoors is an event designed to allow you to appreciate the natural beauty of the Fleurieu Peninsula. A medium level of fitness is required but with the right preparation and attitude you'll be amazed at what you can achieve.

Please make sure you prepare well in advance. You should be confident of being able to comfortably walk over 20km, are physically fit, in good health and adequately prepared to participate.

If you have a pre-existing injury or illness, please seek medical advice before commencing registration.

WHERE DO I STAY FOR THE WEEKEND?

You are responsible for making your own accommodation arrangements. If you would like to make a weekend of it (which we encourage you to do), you will find some wonderful places on websites such as AirBNB, booking.com or call the Victor Harbor Visitor Information Centre on 8551 0777.

WHERE DO I GET MY EVENT BIB?

You can collect your bib at either the start line for your chosen distance, or at the bus departure location (if you have purchased a bus ticket to the start line). Bibs are an important safety feature and must be worn on the outside of your clothing or on your backpack and must be visible all times. You will not be permitted to take part in the event without a bib.

WHAT HAPPENS IF I NEED TO PULL OUT OF THE EVENT?

If you need to withdraw from the event prior to the day, please email info@eventmanagersaustralia.com to advise the event team.

Registration fees are non-refundable and requests for transfers are to be made in writing to info@eventmanagersaustralia.com.au and must be received by 5pm Thursday 15 April, 2021. For clarity, this includes if the event is required to be cancelled due to COVID-19.

If you need to withdraw from the event after commencing, please text the Event Headquarters phone number on the front of your bib.

WILL THE EVENT BE CANCELLED IF THE WEATHER IS BAD?

Be prepared to enjoy to walk in sunshine and rain. You can check local weather forecasts via the [BUREAU OF METEOROLOGY](http://www.bureauofmetorology.com.au). If extreme weather is forecast, which may include extreme heat, winds, fire danger to name a few we may have to cancel the event for your safety.

Contingency plans may be implemented in some situations, and we will be in touch to confirm any changes or cancellations. These will be communicated via your nominated e-mail and or mobile number.



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WHERE & WHAT TIME DO THE WALKS START?

Due to COVID-19 we have implemented rolling starts for each distance. When you have registered (and collected your event BIB) and arrived at your start location, you will be encouraged to commence your walk.

21.1km Start: Waitpinga Beach Car Park, end of Dennis Rd, Waitpinga
Start time: 7:30am – 9:00am (rolling start)

9km Start: Kings Beach Car Park, end of Kings Beach Rd, Waitpinga
Start time: 9:00am – 10:00am (rolling start)

Bus Loading: Victor Harbor, near the Visitor Information Centre, the Esplanade, Victor Harbor

21.1km start: 7:30am – 8:15am (registration and collect event BIB)
9km start: 9:00am – 9:15am (registration and collect event BIB)

Finish: Victor Harbor: Soldiers Memorial Garden, the Esplanade, Victor Harbor

HOW DO I FIND THE WALK ROUTE?

You will be walking along existing trails and paths. If you are walking the 21.1km distance, you will follow the Heysen Trail markers until you reach Kings Beach, which is the start of the 9km walk.

From here, our friendly volunteers will point you in the right direction and from that point forward you will follow the Heritage Trail, Heysen Spur Trail markers to Kent Reserve, and from there, the Encounter Bikeway to the Soldiers Memorial Park. There may be some additional markers along the route for you to follow.

WHAT HAPPENS IF A CHANGE NEEDS TO BE MADE TO THE ROUTE?

At times, we may need to change or amend the route to keep you safe or due to operational requirements. These changes will be marked on the route and we may communicate these to you prior via your nominated e-mail and or mobile number.



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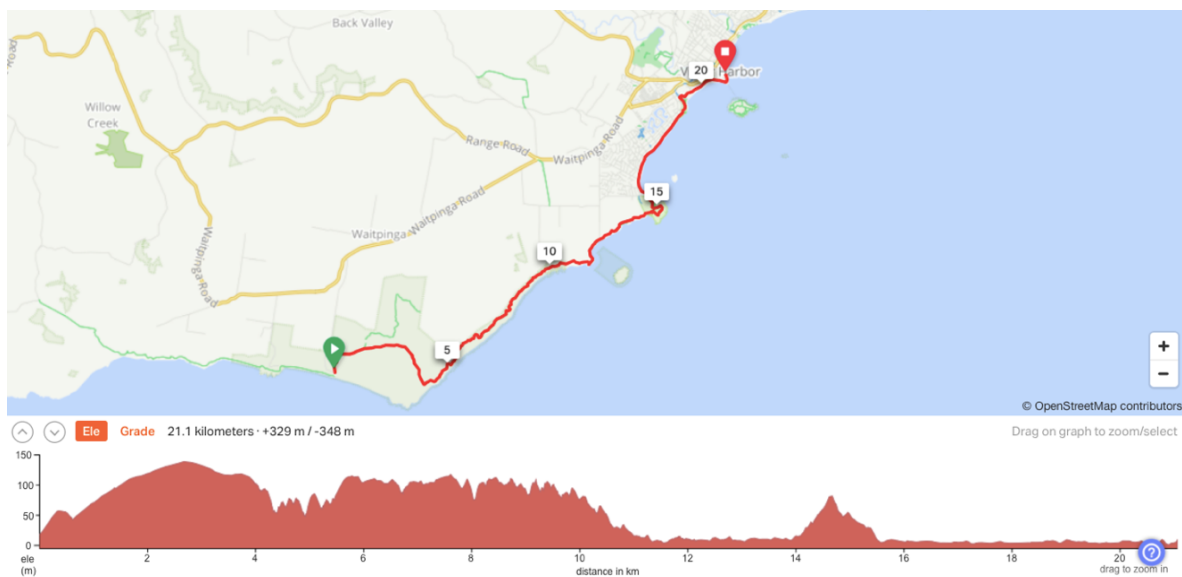
Frequently Asked Questions

HOW HARD IS THE WALK?

The trail sections between Waitpinga and Victor Harbor are especially scenic, much loved by walkers and photographers, and cover a variety of terrain. We recommend you are physically fit, in good health, and adequately prepared.

21.1km Walk

You will face some climbing and lumpy sections in the first 11kms of the walk (difficulty: moderate – hard), followed by coastal flat walking (difficulty: easy), broken by a climb at the Bluff (difficulty: moderate) It is recommended you train for this walk.



9km Walk

This walk is nice and flat with the exception of the Bluff. Walking is suitable for dogs and families. Difficulty is easy to moderate. For those not so keen on hills there will be an escape route around the side of the Bluff which will reduce the walk by approximately 600mtrs.





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WHAT SHOULD I WEAR?

Sneakers, walking shoes or, trail running shoes are recommended, and make sure they are well worn in before the event. Comfortable walking clothes are recommended (eg gym gear). We recommend bringing a back pack to carry water, snacks, a basic first aid kit and carry an extra layer if needed.

ARE THERE ITEMS I NEED TO CARRY?

Yes, please carry the following items:

- Event BIB (which must be visible at all times)
- For the 21.1km walkers a minimum 1.5L of water & for the 9km walkers a minimum 600ml
- Basic first aid (blister pads, sunscreen, bandages, pain relief)
- Personal medication (EpiPen, Ventolin etc)
- Mobile phone, ideally downloaded with the Emergency+ app
- Any snacks / food you may desire

HOW DO I GET TO THE START LINE?

We are offering bus transport from Victor Harbor to the start line at either Waitpinga or Kings Head. The bus ticket is \$10 and can be booked at the time of registration. Car parking is available at Victor Harbor.

Alternatively, you can make your own travel arrangements to the start but please be mindful that there is limited parking at the 21.1km start at the Waitpinga Beach car park, and very limited parking at Kings Beach. We recommend if you are not taking the bus, it's best to be dropped to your chosen start location. There is no bus service at the end of the walk to take you back to your car.

WHAT SHOULD I EXPECT AT THE WATER STOP?

There is one water stop along the route for the 21.1km walkers (at the 12.1km mark) where you can refill your drink bottle, chat to the friendly volunteers, go to the toilet and visit the first aid team if required. The same services will be at the finish for you.

HOW LONG DO I HAVE TO COMPLETE WALK THE OUTDOORS?

All participants must reach the finish line by 4:00pm. There will be a Tail End Charlie walker that you must not fall behind. If you do you will be asked to withdraw from the event.

WHAT IF I AM INJURED OR UNABLE TO COMPLETE THE DISTANCE?

Please administer first aid where possible and or ask for assistance from someone else. You should carry a basic first aid kit. St John Ambulance volunteers are engaged to provide first aid and can be contacted for assistance (their number will be on your BIB). Please be aware that some locations can be difficult to access, and response times may be delayed.

If the situation is an emergency call emergency 000 or 112 for assistance.

We strongly recommend you download the Emergency+ app before you commence the walk. This will give the team your exact GPS location.



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If you are unable to complete the distance we ask that you text the Event Headquarters (number on your BIB) your name and that you are withdrawing. It is your responsibility to be collected along the route.

WHAT TOILET FACILITIES ARE AVAILABLE ON THE WALK ROUTE?

Toilet facilities are available at the bus departure location at Victor Harbor, at the start of the 21.1km walk at Waitpinga, at the start of the 9km walk at Kings Head and at the finish line. There are quite a few public toilets that can be found along the Encounter Bay walkway.

WILL MY MOBILE PHONE WORK?

Mobile coverage depends largely on your network coverage, which is not always possible especially for the first 10km of the 21.1km walk. We ask that you download the 'Emergency+' app which will provide your GPS location in the case of an emergency, and if there is no mobile coverage you can dial 112 in the case of an emergency.

DO I NEED INSURANCE?

While we undertake a lot of risk mitigation planning, you are responsible for your own health and wellbeing. We strongly recommend all participants have appropriate insurance and ambulance cover suitable for your needs.

IS ALCOHOL PERMITTED?

Alcohol is not permitted on the route or on transport to/from the route.

CAN I BRING MY DOG?

The 21.1km walk travels through the Newland Head National Park, so unfortunately you will not be able to bring your dog. The 9km walk is dog friendly!

WHAT PLANS ARE THERE FOR COVID-19?

Extensive risk management planning directly related to COVID-19 will be implemented for Walk The Outdoors. We ask that you respect and adhere to the following:

- You must follow SA Health COVID-19 guidelines relevant at the time of the event;
- If you have COVID-19 symptoms you will not be able to participate in the event, unless you have had a COVID-19 test and are confirmed negative;
- The starts are scheduled over a longer period and will be 'rolling starts'. During the start time, once you arrive and register you are encouraged to commence your walk. There will not be an official start;
- By spreading out the start time, course and registration congestion and social distancing challenges are dramatically reduced;
- Friendly COVID Marshals will be at the bus loading, starts and at the finish;
- Hand sanitiser will be available at bus loading, at each start and at the finish – please use
- Water will be provided in a Covid Safe way;
- The event has a ticket capacity.